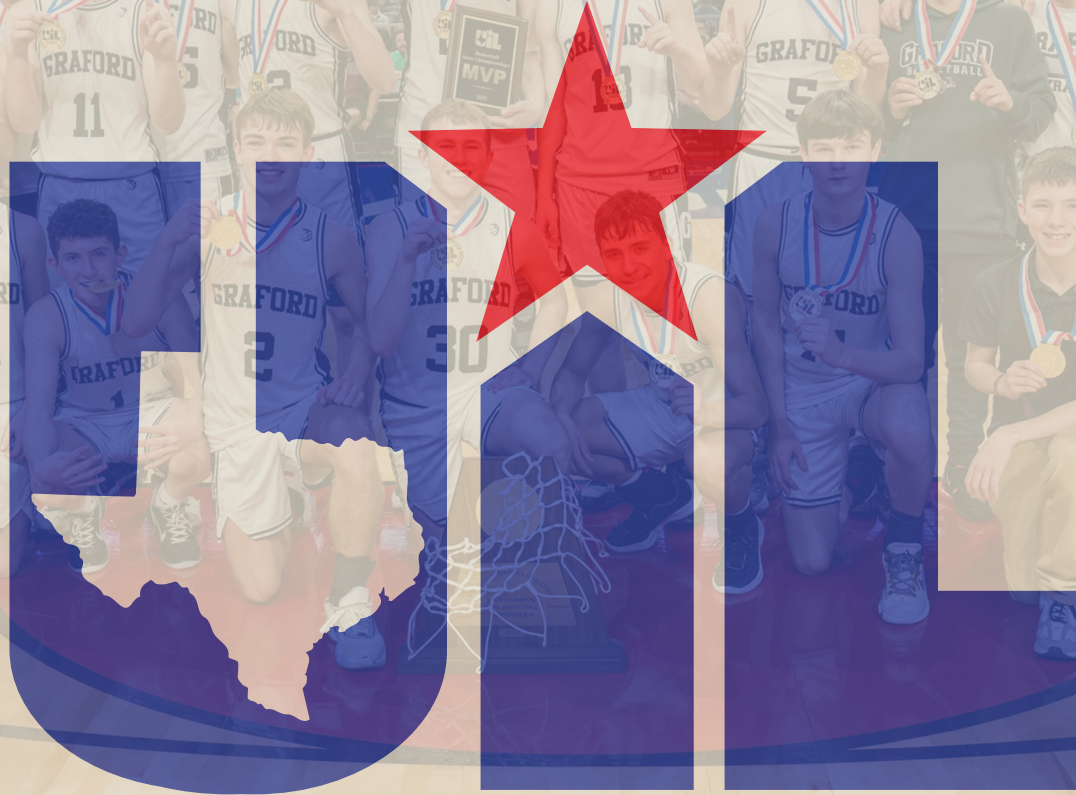


2023-24

Fundamentals of Coaching



TM

UIL Athletic Staff



Director of Athletics
Ray Zepeda



Assistant AD
Joseph Garmon



Assistant AD
AJ Martinez



Assistant AD
Grace McDowell



Athletic Staff Responsibilities

Joseph Garmon

Team
Tennis

Cross
Country

Basketball

Soccer

Spring
Tennis

Track &
Field

AJ Martinez

Football

Golf

Wrestling

Water Polo

Baseball

Grace McDowell

Volleyball

Spirit

Swim &
Dive

Basketball

Softball





What is UIL?

- Largest Interscholastic Organization of its kind in the world...
- Serves over 1500 schools in academics, athletics, and music...
- Provides students with educational experiences through equitable competition...
- Schools make the rules – 116 Sections of the Constitution and Contest Rules are specific to athletics
- What do the rules do – Provide equitable rules for participation



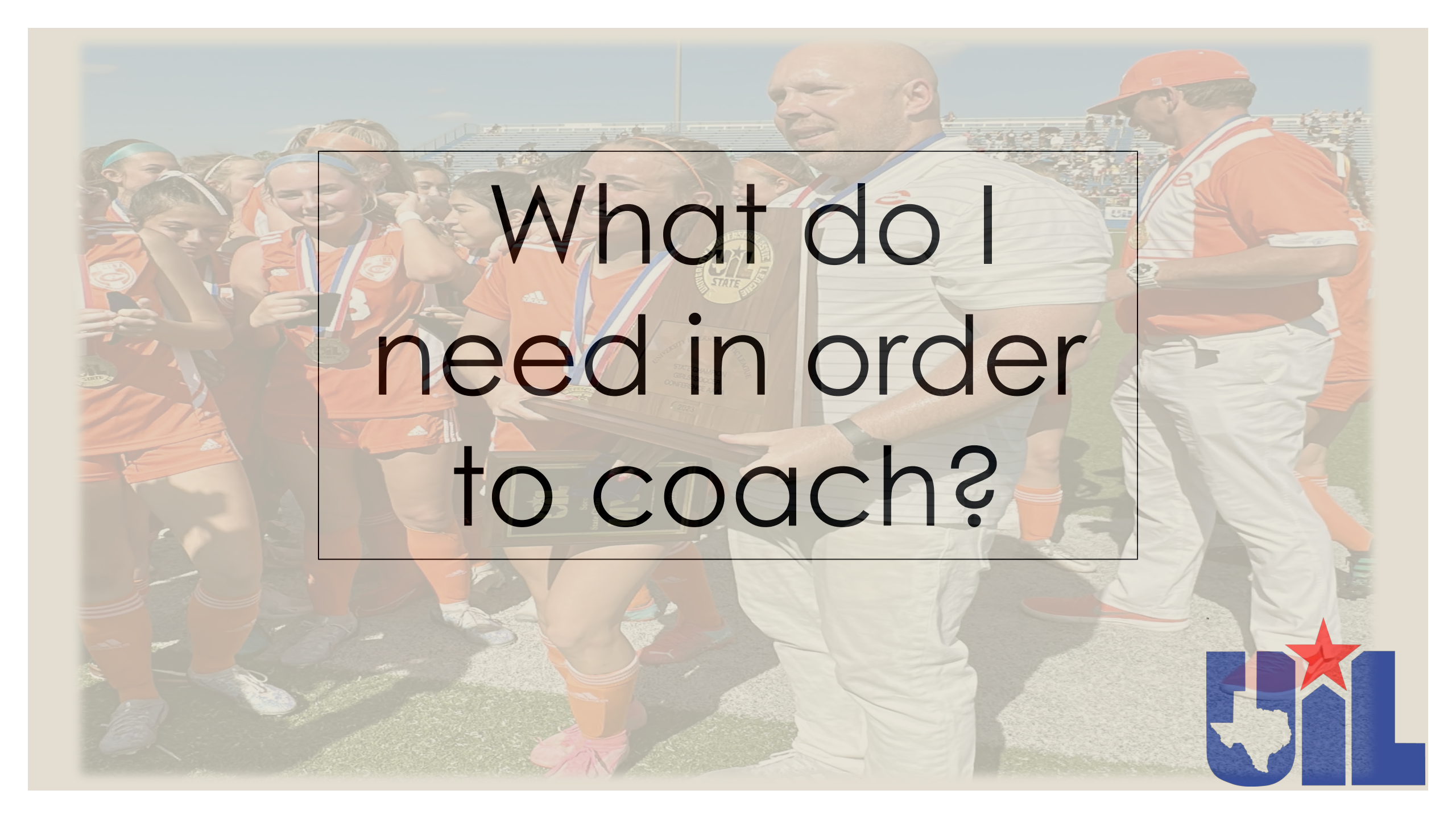
How does UIL work?



LEAGUE GOVERNANCE

- **Legislative Council** – Rule making body, 32 superintendents, all regions, all conferences represented.
- **State Executive Committee (SEC)** – 12 school administrators appointed by the Commissioner of Education.
- **District Executive Committee (DEC)** – Consists of ONE voting member per school in a given UIL District.
- **Waiver Review Board** – 12 person committee, reviews decisions of the UIL Waiver Officer on appeals.





What do I
need in order
to coach?



COACHES EDUCATION AND TRAINING: REQUIREMENTS

- **UIL Professional Acknowledgement Form**– On file with the district (C&CR 1202(j))
- **Coaches Certification Program (CCP)**– online / in-person training (C&CR 1208(i))
 - Constitution & Contest Rules
 - Ethics
 - UIL Steroid Education
 - Safety Training (state law)
 - Concussion Training (state law)
 - Sport Specific Training – each sport has a separate module
 - **Football Coaches ONLY** – **ATAVUS Best Practices in Tackling certification**
 - **First Year Coaches ONLY** - **Fundamentals of Coaching in Texas** (C&CR 1202 (L))
 - **Safety/Risk Minimization for Cheerleading Coaches** – local district determines the provider for training, and training must be completed prior to any student contact



COACHES EDUCATION AND TRAINING: REQUIREMENTS-STATE LAW

- **CPR and First Aid Training** – must have a current certification filed with the district
- **AED Training** – must have a current certification filed with the district
- **Safety Training** – training provided by UIL (CCP) program, and must be completed prior to any contact with students
- **Concussion Training** – training must be completed annually (2 hours every other year/1 hour annually)







What do I
have to know?



UIL RULES / STATE LAW / SPORT PLAYING RULES

KNOW THE RULES

- Download or bookmark the **Constitution and Contest Rules** and **Side by Side Manual**
 - Will answer UIL eligibility questions no-pass / no-play, eligibility and more.
- Make sure you have a **sport rule book** ( ,  ,  , ).
 - Playing rules are not UIL rules, know the difference between playing rules and UIL eligibility and policy rules.
 - Make sure you have the appropriate playing rules book for your sport and know new rules each year.
- Bookmark your **SPORT MANUAL**
 - Manuals are digital and can be found on the left-side menu on your sports page.
 - Information is organized in an easy-to-find manner.



Latest UIL updates and information [Learn More »](#)



Search

[ACADEMICS +](#) | [ATHLETICS +](#) | [MUSIC +](#) | [SPIRIT +](#) | [UNIFIED +](#) | [MEDIA +](#) | [POLICY +](#)

Commerce Boles Aug 5 1p	Ford Wolfe City Aug 5 1:45p	Abilene Monahans Aug 7 8:03a	Three Rivers Jones Aug 7 11a	Van Horn Marfa Aug 7 12p	Klein Bryan Aug 7 12p	Fort Davis Van Horn Aug 7 1p
-------------------------------	-----------------------------------	------------------------------------	------------------------------------	--------------------------------	-----------------------------	------------------------------------

Find my team

Boys Girls



A John Deere Gator utility vehicle is shown on a golf course. Two people are seated in the vehicle; the person in the front passenger seat is waving. The vehicle has "JOHN DEERE" and "GATOR" branding on the side, and "EPA" and "625" on the front. A text box is overlaid on the image containing the question "What can you expect from UIL staff?".

What can you expect from UIL staff?



Who we aren't...



You can expect this...

- Effective two-way communication, coach to coach
- Servant leadership
- Respect and integrity
- Knowledgeable and fact-based conversations
- Accountability and consistency
- High expectations of ourselves and others
- High energy and no quitters
- Lots of love and respect for our coaches
- An ally



What do we expect from
our coaches?



The same thing!

- Effective two-way communication, coach to coach
- Servant leadership
- Respect and integrity
- Knowledgeable and fact-based conversations
- Accountability and consistency
- High expectations of ourselves and others
- High energy and no quitters
- Lots of love and respect for our coaches
- An ally



PIECE OF ADVICE



SPORTSMANSHIP

- **Starts with the COACH**
 - Power of your personal example
 - Athletes and Spectators will take your lead.
 - Have a plan and be strategic in coaching good sportsmanship
 - Student-Athletes
 - Parents
- **Athletes**
 - Appropriate sportsmanship is a requirement.
 - Instill a respect for game officials and opponents
- **Spectators/Parents**
 - Cannot selectively ignore issues with spectators/parents.
 - Requires effective game administrators.



AREAS OF FOCUS (COACHES)

1. Increase Understanding of and Compliance to UIL Rules and Procedures

- Read UIL/TEA Side-by-Side prior to your sports season (All coaches)
- Read Sports Manual
- Removal of situational ethics

2. Focus on preseason & in-season eligibility processes

- 2 coaches verify all eligibility processes
- PAPF's first year of attendance
- Thoroughly verifying residence & contact previous school
- Appropriate use of automatic bypass (Must do due diligence)
- Factually & fully complete the PAPF when sending school
- DEC Appropriate Utilization

3. Sportsmanship Improvement

- Starts with coach
- Focus on athlete conduct-Supervision
- Parents/Spectators
- Effective Game Administration
- Ejection # Improvement



AREAS OF FOCUS (UIL STAFF)

Collaboration, Communication & Consistency

- Regular communication and collaboration with coaching associations & coaches
- Be consistent within our communication (Coaches will get the same answer regardless of which UIL staff member they call)
- Clearly communicate processes, rules, and areas of needed attention

****If we are not meeting your needs, call us on it. We want to hear from you and support you in the best way that we can.***

GOOD LUCK & HAVE A GREAT YEAR!!!!





Director of Athletics
Ray Zepeda
281-594-9893



Assistant AD
Joseph Garmon
361-244-0497



Assistant AD
AJ Martinez
361-816-1281



Assistant AD
Grace McDowell
214-236-9279

Athletic Staff Contacts